



One Ash Training

One Ash Farm, Alder Lane,
Cronton, Widnes,
Cheshire, WA8 5PY

0151 420 4522

KIT LIST

Course: CS38 Tree Climbing & Aerial Rescue

Trainees need to bring:

- Suitable warm clothing and appropriate waterproofs
- Climbing Equipment:
 - Climbing helmet,
 - Suitable boots with ankle support,
 - Gloves (rigging, sailing or latex work gloves),
 - Rescue knife and large dressing bandage (if possible),
 - Two tree climbing ropes (37-45m)
 - Tree climbing harness,
 - 4 Prussik Loops,
 - 7 Karabiners including 3 x oval,
 - 1 13mm split tail 5 metres,
 - 1 positioner,
 - 1 pair climbing spikes,
 - 1 throw line and throw weight,
 - 1 anchor sling,
 - 1 multi saver.

All equipment must be either less than 6 months old or have passed a LOLER check, evidence of this will be required on the first day (or emailed in advance)

NB If you are providing facilities or equipment, please ensure that the requirements of the Health & Safety at Work Act and any relevant regulations are met.

WARNING:

If you are suspected of being under the influence of drugs or alcohol, you will be asked to leave and no refund will be given. If your behaviour is felt to be abusive or threatening to your fellow trainees or trainer you will be asked to leave and no refund will be given. If the course requires appropriate PPE you must wear it or you will be asked to leave and no refund will be given. Any equipment/machinery you bring that is needed for the course must be fit for use with the appropriate operators manual.